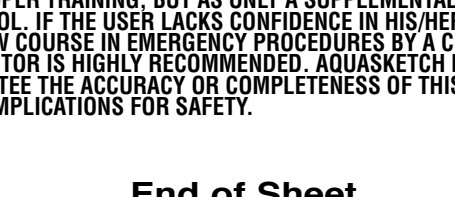


Wilderness Emergency Incident Report & Checklist



www.aquasketch.com 1-800-282-1608

aquaSketch Vellum Care and Maintenance

If using in salt water, always remove the vellum from the Minno and rinse in fresh water. Avoid prolonged exposure to direct sunlight.

DISCLAIMER – THIS CHECKLIST IS NOT INTENDED AS A SUBSTITUTE FOR PROPER TRAINING, BUT AS ONLY A SUPPLEMENTAL REFERENCE TOOL. IF THE USER LACKS CONFIDENCE IN HIS/HER ABILITIES, A REVIEW COURSE IN EMERGENCY PROCEDURES BY A CERTIFIED INSTRUCTOR IS HIGHLY RECOMMENDED. AQUASKETCH DOES NOT GUARANTEE THE ACCURACY OR COMPLETENESS OF THIS CHECKLIST OR ITS IMPLICATIONS FOR SAFETY.

End of Sheet

(Based on the WEMSI Europe Reference Cards, V13)

Hazards and Safety Check

Check ABCD'S

- Airway
- Extreme bleeding
- Breathing
- Circulation
- (Defrib)
- Serious Bleeding
- Shock
- Spinal

1st Contact Report

Number of Patients:

Name(s) of Patients / Status

(Well, Injured, Ill, Dead)

Name	Status

Latitude Longitude

Location Description.....

Take Vitals

- Level of Consciousness (AVPU)
- Pulse (Rate, Rhythm, Strength)
- Respiration (depth, rate)
- Blood Pressure (or pulse check at neck, groin, wrist or feet)
- Temperature
- Pupils (dilation, reactive)

Time	L of C	Pulse	Resps	BP	Temp	Pupils

Medications

Time	Medication	Action desired

Oxygen Administration

Time given.....

Time between incident and administration?

.....

Continuous Flow? Rate?

Demand unit?

Full Site Report

Rescue Team ID:.....

Medic name:

Medic level:

Coordinates: Lat..... Long.....

Date:

Patient Name.....

Male..... Female Age.....

Weather Conditions

Precipitation (type, amount).....

Wind (speed, direction, quality).....

Wave (height, quality)

Water (temp., current)

Terrestrial Terrain.....

Time of Incident

Brief Incident Description.....

.....

Recommended Action:

Deduced by Medic Advising Doc.....

.....

.....

.....

Symptom / Sign description

Onset

.....

Provocation / Palliation

.....

Quality

Radiation

Severity

Time (Changes over...)

SAMPLE

Symptoms and Signs

.....

Allergies

.....

Medications

.....

Past Med History

.....

Last Oral Intake

.....

Events leading to problem

.....

(Scroll up for Vitals)

Neurological Exam

Mental Status (AVPU)

Central Nervous System

CNS nerves	Test	Pass? (P / F)
2 (vision)	How many fingers do you see?	
3, 4, 6 (eye movement)	Look up, down, left, right, center (stuck? Asymmetric?)	
5 (facial sensation)	Close eyes, say "now" when I touch these areas on the side of your face.	
7 (facial motor)	Smile, raise your eyebrows	
8 (hearing)	Rub fingers beside ears...can hear?	
11 (neck muscles)	Shrug your shoulders (weak or strong?)	
12 (tongue movement)	Stick out your tongue	
1, 9, 10	Not tested (smell, sensation of back of throat, vagus nerve)	N/A

Peripheral Nervous System

PNS type	Test	Pass? (P / F)
Sensory	Light touch or pin prick	
Motor	Strength (4 limbs, same?)	
Reflexes	Forearms, elbows, knees, ankles, Babinski sign (sole of foot)	
Cerebellar	(fine moto control) finger to nose, heel to shin, normal walk (gait)	

Comments:

.....

.....

C-Spine Evaluation

NEXUS Criteria. To be done if mechanism suggests possible injury to the C-Spine and clearance will alter treatment/evacuation plan(s)...

Test	Pass or Fail (P/F)
Awake, alert and able to respond appropriately?	
Evidence of intoxication or impairment?	
Potentially distracting injury?	
Motor / Sensory Deficit?	
Midline Spine pain or tenderness? (palpate spinal area)	
Pain on slow movement of neck?	

Fail of any test requires spinal immobilization

If possible, consult a WCP before this final test

(not requirement of NEXUS study)

Things to remember

INFO

- Initial Assessment
- Focused Assessment
- Ongoing Assessment

Remember your HIPPO!!

- Hypothermia (Hyperthermia)
- Hypoglycemia
- Dehydration

Remember your team as well as the Patient!!

Patient Review

Ortho Review

- Look
- Palpate
- Percuss
- Listen
- Look
- Feel
- Move

Is your patient pregnant?

Is your scene still safe?

Evacuation Plan Notes

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Additional Notes

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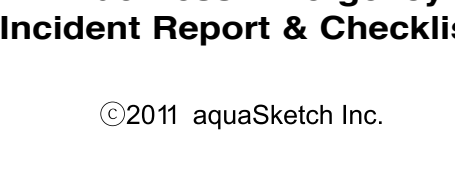
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End of Sheet



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AquaSketch welcomes any suggestions that can help us to improve our product and enhance your diving experience.

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